

DISTRICT 5AAAA & 5AAAAA TRACK & FIELD 2016

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TIME SCHEDULE (Friday, May 6, 2016) @ Sandia Prep

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RUNNING EVENTS: 5AAAA Girls >5AAAAA Girls >5AAAA Boys >5AAAAA Boys

8:15 – Coaches meeting in Shed

NOTE: No additions or substitutions

8:30 am.....	Girls 100 Hurdles
8:50 am.....	Boys 110 Hurdles
9:10am.....	Girls 3200 (1heat both divisions together)
9:20am.....	Boys 3200 (1heat both divisions together)
9:45am.....	Girls 400 Relay
9:55am.....	Boys 400 Relay
10:05 am.....	Girls 100
10:20 am.....	Boys 100
10:40 am.....	Girls 800 (2 heats – 1 per division)
10:55 am.....	Boys 800 (2 heats – 1 per division)
11:10 am.....	Girls 800 Relay
11:25 am.....	Boys 800 Relay
11:40 am.....	Girls 400
11:55 pm.....	Boys 400
BREAK	
12:30 pm.....	Girls 300 Hurdles
12:50 pm.....	Boys 300 Hurdles
1:05 pm.....	Girls Medley
1:20 pm.....	Boys Medley
1:35 pm.....	Girls 200
1:50 pm.....	Boys 200
2:05 pm.....	Girls 1600 (2 heats – 1 per division)
2:20 pm.....	Boys 1600 (2 heats – 1 per division)
2:35 pm.....	Girls 1600 Relay
2:50pm.....	Boys 1600 Relay

TIME SCHEDULE (Saturday, May 7, 2016) @ Academy High School

FIELD EVENTS:

8:30 – Coaches meeting Starting Line

NOTE: No additions or substitutions

8:00 a.m. Weigh-in for shot put, discus and javelin at the Shot Put area. (Academy)

9:00 a.m.	Boys Triple Jump (Grants)	4A>5A	9:00a.m.	Girls Triple Jump (Hope)	4A>5A
9:00 a.m.	Girls Pole Vault (Moriarty)	5A>4A	10:30 a.m.	Boys Pole Vault (Moriarty)	5A>4A
9:00 a.m.	Girls Javelin (St. Pius)	4A>5A	10:30 a.m.	Boys Javelin (St. Pius)	4A>5A
9:00 a.m.	Boys High Jump (Academy)	5A>4A	10:30 a.m.	Girls High Jump (Academy)	5A>4A
9:00 a.m.	Boys Discus (St. Mike's)	5A>4A	10:30 a.m.	Girls Discus (St. Mike's)	5A>4A
9:00 a.m.	Boys Shot Put (Bosque Prep)	4A>5A	10:30 a.m.	Girls Shot Put (Bosque Prep)	4A>5A
10:30 a.m.	Boys Long Jump (Grants)	4A>5A	10:30 a.m.	Girls Long Jump (Hope)	4A>5A